

Freedom Session Pastors Cohort

Weekly: **October 17 – December 12, 2023.** Tuesdays 9.00am - 12.00pm

Retreat: **January 15 (1pm) – January 17 (3pm), 2024.**

Note: complete retreat participation is a critical and mandatory requirement of the cohort experience

Pastor: This could be one of your most life-changing personal and ministry journeys. For an effective and meaningful cohort experience, we will be accepting pastors willing to make / follow through on the following commitments.

- **Weekly Video Teaching** (~45 min): watch/reflect upon the teaching, Tuesdays between 7.00am - 10.15am (PST)
- **Weekly Small Group Experience** via Zoom : Tuesdays from 10.15am - 11.50pm (PST)
- **Weekly “On Your Own” Homework Assignment:** 1 - 2.5 hours/week
- **Weekly Mid-week Mentor** video encouragement (~5-7 min) half way through the week.
- **FS Pastor Retreat:** January 15 (1pm) – January 17 (3pm) Stillwood Camp & Conference Centre, Cultus Lake, BC
Ken Dyck, FS Author will join us on the retreat.

Pastor Cohort Director: Dr Justin Dennison justin@freedomsession.com 778-792-0127

FS Executive Director: Ken Dyck pastors@freedomsession.com

| 2023 | | 2023 Freedom Session – Pastors Cohort Calendar |
|---------------------|--|--|
| 17 Oct | 01 | Why Am I Here? – no small group discussion; homework completion still required |
| | 02 | Stepping Out of Denial – 1st FS Small Group Experience & discussion (Ken will join) |
| 24 Oct | 03 | Sober-Minded & A.L.E.R.T |
| 31 Oct | 04 | Stepping Out of Insanity |
| 7 Nov | 06 | Hope...and Where to Find it. |
| 14 Nov | 07 | The Step that Changes Everything |
| 21-Nov | 08 | My Support & My Strengths |
| | 09 | Inventory Mirror 1 – Facing My Obvious Hurts |
| 28-Nov | 10 | Inventory Mirror 2 - Facing My Less Obvious Hurts |
| 5-Dec | 11 | Shield 1 – My Obvious Offenses |
| 12-Dec | 12 | Shield 2 – My Less Obvious offenses |
| 15 -17 January 2024 | FS Pastor Retreat @ Stillwood Camp & Conference Centre, Cultus Lake BC | |
| | 05 | Monday 1pm: Going Deeper – My Story in triads |
| | 13 | Monday 3pm: My Closet & My Confession (confession in Triads + by appointment) |
| | 15 | Monday 7pm: Forgiveness 1 - First Things First |
| | 16 | Tuesday 9am: Forgiveness 2 - Breaking the Chain |
| | 17 | Tuesday 1pm: Repentance & the Road Less Travelled |
| | 18 | Tuesday 4pm: Amends – Making Things Right the Right Way |
| | 19 | Tuesday 7pm: Breaking Unholy Soul Ties / communion |
| | 20 | Wednesday 10am: Grace...and a New Name |
| | | Wednesday 1pm: What God is saying / has said to me? |
| On your own | 21 | Learning to Hear God’s Voice & Respond |
| optional | 22-28 | Authentic Living – optional follow up on own and/or in Triads |

