

# Emotional Healing & Discipleship



Discipleship is a process:

It is not a course or set of activities/disciplines. It is something that “happens” to an individual that includes the mind, will and emotions.

Discipleship does not happen on its own. There are always at least two people involved. In its most common form, a disciple is: *a follower or student of a teacher, leader, or philosopher.*

Ultimately, we are committing ourselves to make disciples of Jesus. The best way to do this is to follow and obey Jesus OURSELVES and disciple others to follow US as we follow JESUS.

For years, we have focused our discipleship efforts on information (Bible knowledge) and obedience without addressing mental/emotional health in the journey. We have taught people to turn their “lives” over to the leadership of Jesus Christ without recognizing that their lives also include painful memories, fear, failure and doubts. Nor have we created environments in which our people are taught/encouraged to turn their pain over to the leadership of Jesus. This has been a mistake. It is also one of the reasons we have seen less than desired results in our long-term discipleship efforts. This seminar will introduce you to a ministry tool that introduces the need for emotional health to be assimilated into discipleship.

Four guiding Scriptures form the foundation of this discussion:

*“There is therefore now no condemnation to those who are in Christ Jesus...”* **ROMANS 8.1**

*“Therefore, I urge you brothers & sisters, in view of God’s mercy, to offer you bodies as living sacrifices, holy and pleasing to God. This is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.”* **ROMANS 12.1-2**

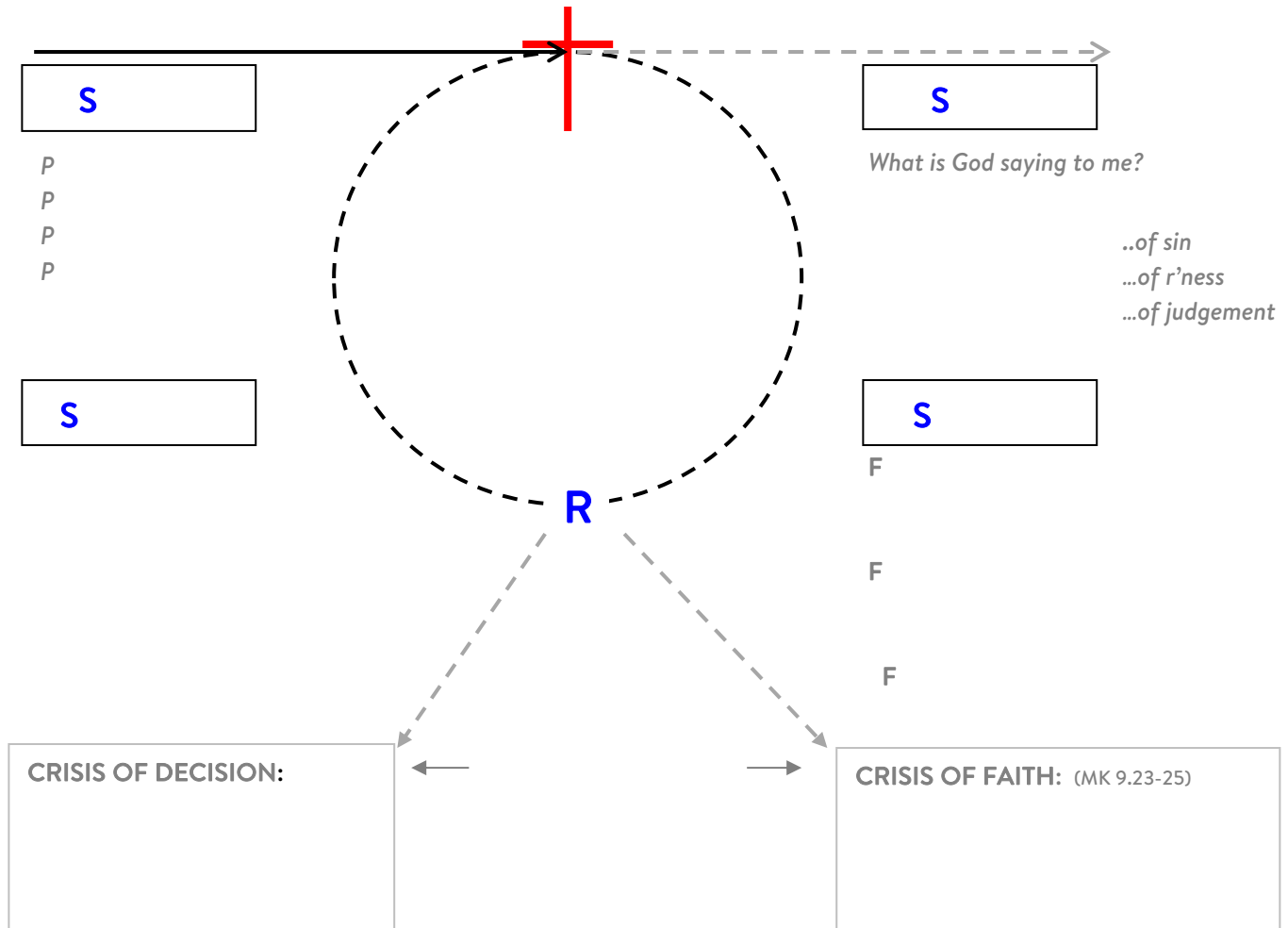
*“Whoever has my commands and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him.”* **JOHN 14.21**

*“Why do you call me ‘Lord, Lord’ and do not do what I say?”* **LUKE 6.46**

God is looking for men/women who think, live and act differently...than the rest of the world.

ROMANS 8.1 *There is therefore no condemnation...*

ROMANS 12.1-2 *Be transformed by the renewing of your mind...*



Note: the Transformation Sircle is designed to be learned in such a way that you can teach it to others. Practice drawing the circle and four squares and then filling in as you teach/share the illustration.

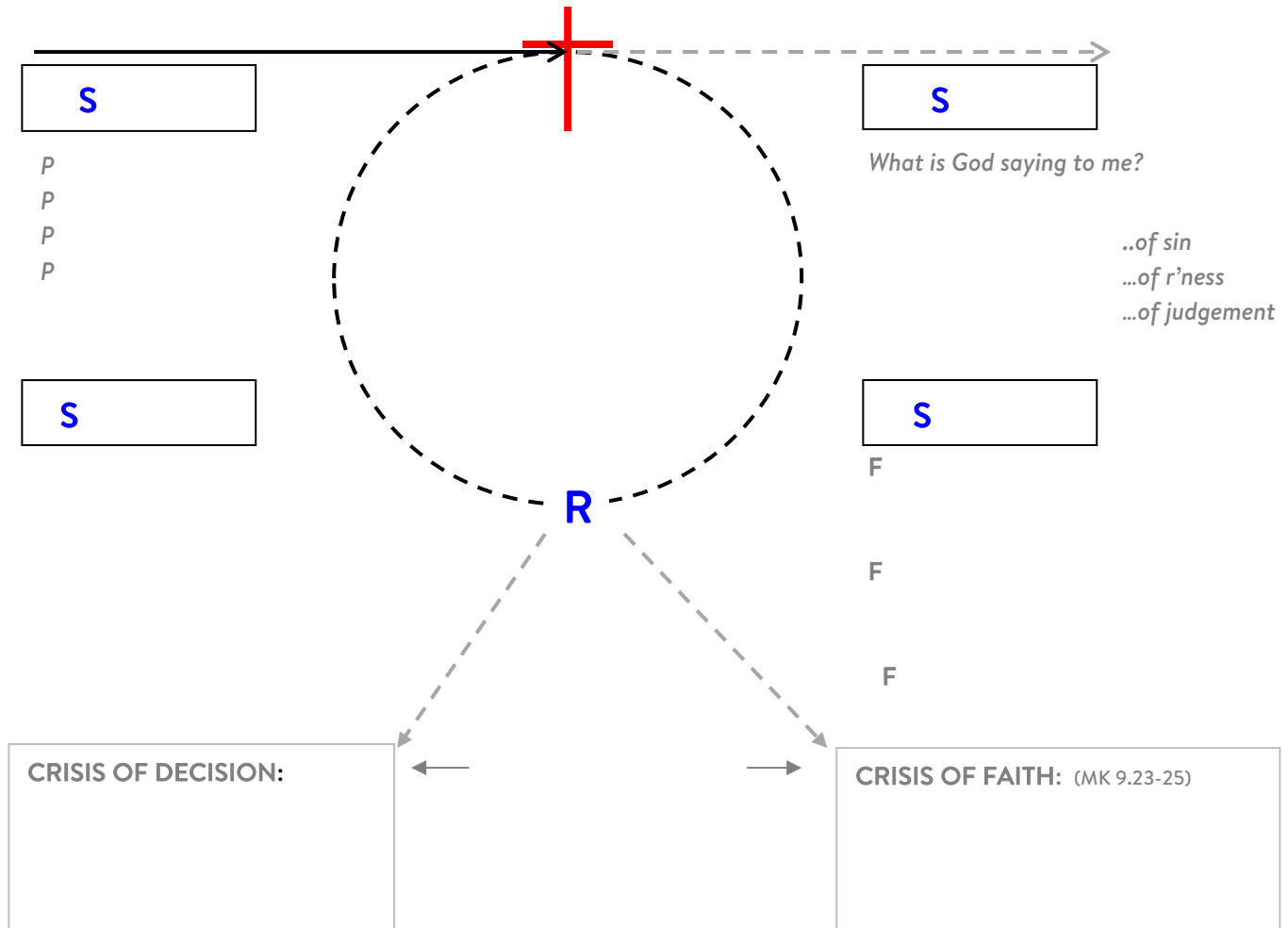
You are supplied with three copies of the Transformation Sircle. Use this one during the seminar, the second to practice competing within a few hours of the seminar. Use the third to reproduce for discipling purposes.

<sup>1</sup> Obviously, "sircle" starts with a "c" but this way, you will remember the four main points in the process that also start with "S"

<sup>2</sup> The Transformation Sircle is copyrighted by Ken B. Dyck of Freedom Session Resources © 2019 and will eventually make its way into published material. If you use it for discipleship purposes in printed form, please give appropriate credits.

ROMANS 8.1 *There is therefore no condemnation...*

ROMANS 12.1-2 *Be transformed by the renewing of your mind...*



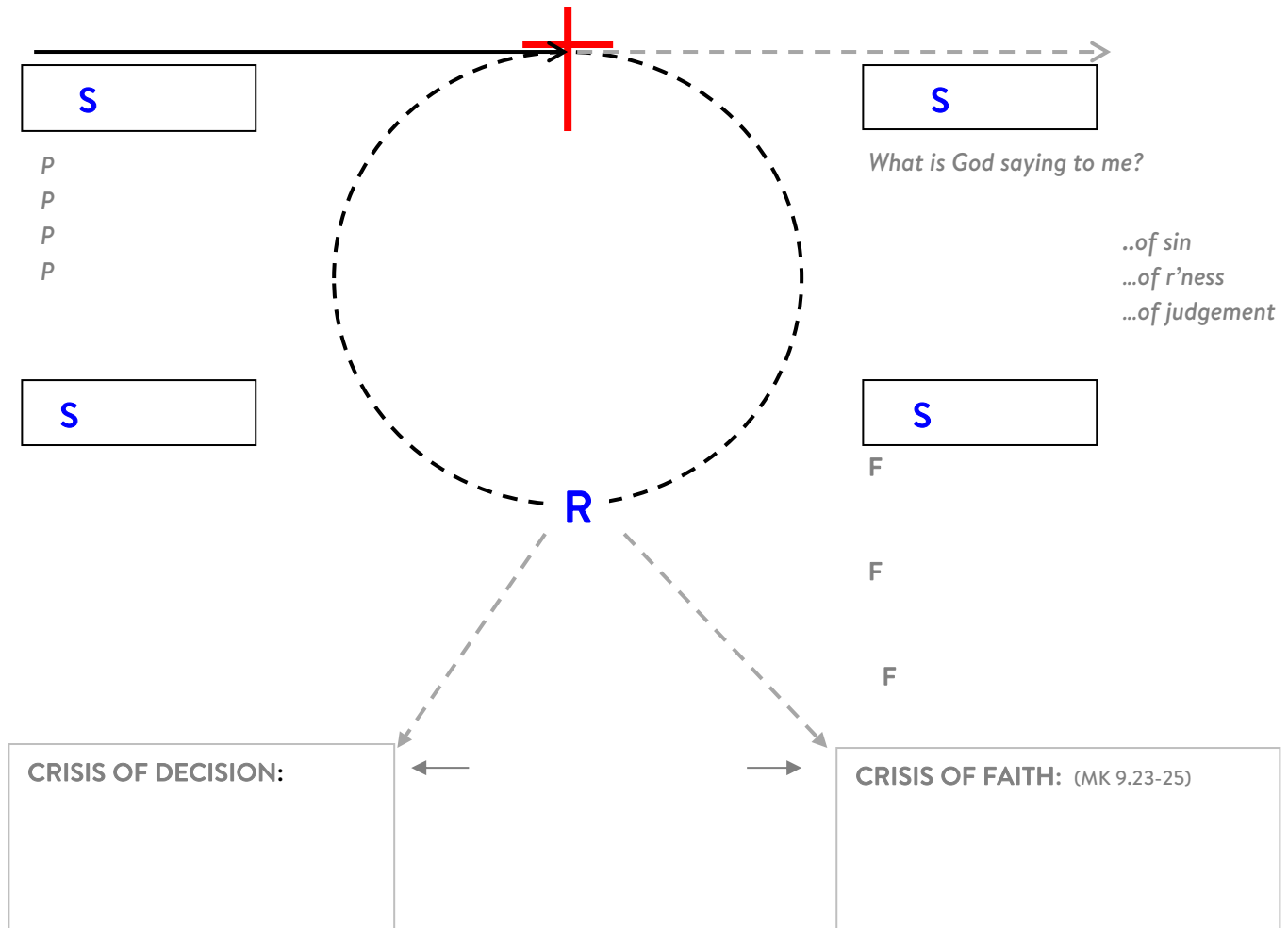
Note: the Transformation Sircle is designed to be learned in such a way that you can teach it to others. Practice drawing the circle and four squares and then filling in as you teach/share the illustration.

<sup>3</sup> Obviously, “sircle” starts with a “c” but this way, you will remember the four main points in the process that also start with “S”

<sup>4</sup> The Transformation Sircle is copyrighted by Ken B. Dyck of Freedom Session Resources © 2019 and will eventually make its way into published material. If you use it for discipleship purposes in printed form, please give appropriate credits.

ROMANS 8.1 *There is therefore no condemnation...*

ROMANS 12.1-2 *Be transformed by the renewing of your mind...*



Note: the Transformation Sircle is designed to be learned in such a way that you can teach it to others. Practice drawing the circle and four squares and then filling in as you teach/share the illustration.

<sup>5</sup> Obviously, “sircle” starts with a “c” but this way, you will remember the four main points in the process that also start with “S”

<sup>6</sup> The Transformation Sircle is copyrighted by Ken B. Dyck of Freedom Session Resources © 2019 and will eventually make its way into published material. If you use it for discipleship purposes in printed form, please give appropriate credits.